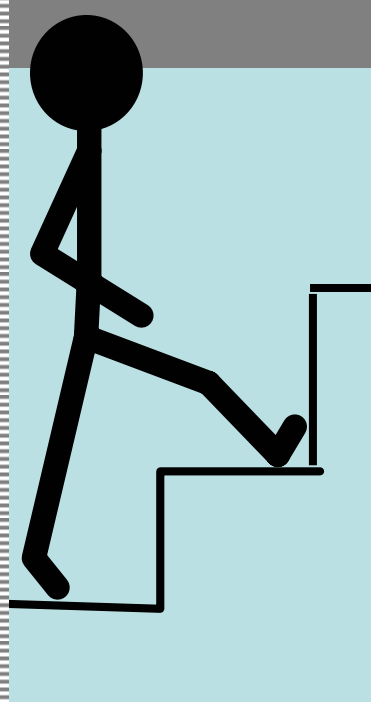




dare to be different



POWER OF POSITIVE ATTITUDE

FOR IMPROVEMENT OF
PERFORMANCE & COMPETITIVENESS

You have a choice

No one can make you feel inferior
without your permission.

Eleanor Roosevelt

What is “Attitude”

Social psychologists define an attitude as an enduring evaluation, positive or negative, of people, objects, or ideas.

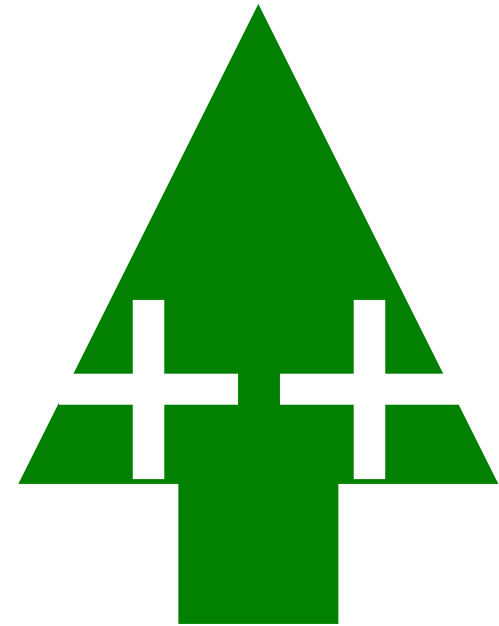
Maintain Self Esteem

Understand that:

- You can do everything, but not all at once.
- You can do everything, if it's important enough for you to do.
- You can do everything, but you may not be the best at everything.
- You can do everything, but there will be limitations.
- You can do everything, but you'll need help..

Positive Attitude - Everywhere!

- Thoughts
- Speech
- Behaviour
- Written Communication
- Body Language
 - Facial Expressions
 - Posture
 - Sense of Dressing
 - Proximity



How to inculcate PA

- Separate out Office and Home work
- Plan Your goals
- Practice and Rehearse
- Manage your Body Language
- De-stress everyday
 - Work out, Music, Dance, Yoga/ Meditation/ Reading

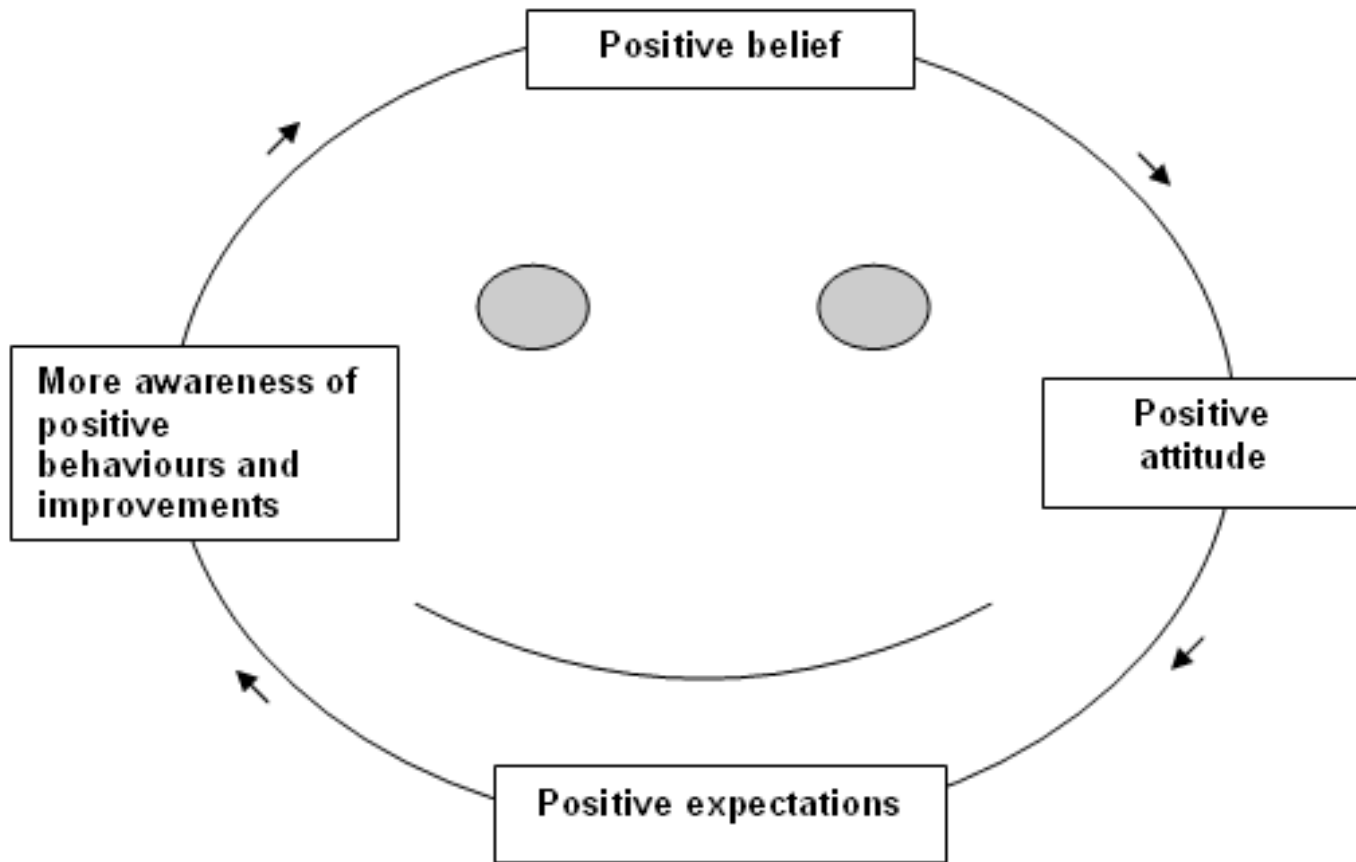
Tackle Failure

- Positively
- Learning
 - What not to do next time?
 - What more to do next time?

How to present Positively

- There is lack of communication between departments.
 - *There is an opportunity to improve communication between departments.*
- There is a lack of Motivation amongst Junior staff.
 - *There is a need to develop motivation amongst junior staff.*
- There seems to be an absence of support for the planning initiatives taken.
 - *It is proposed that support be given to the planning initiatives taken.*

Spiral of Attitude



Manage Your self Talk

*If you think you Can,
or you think you Can't...*

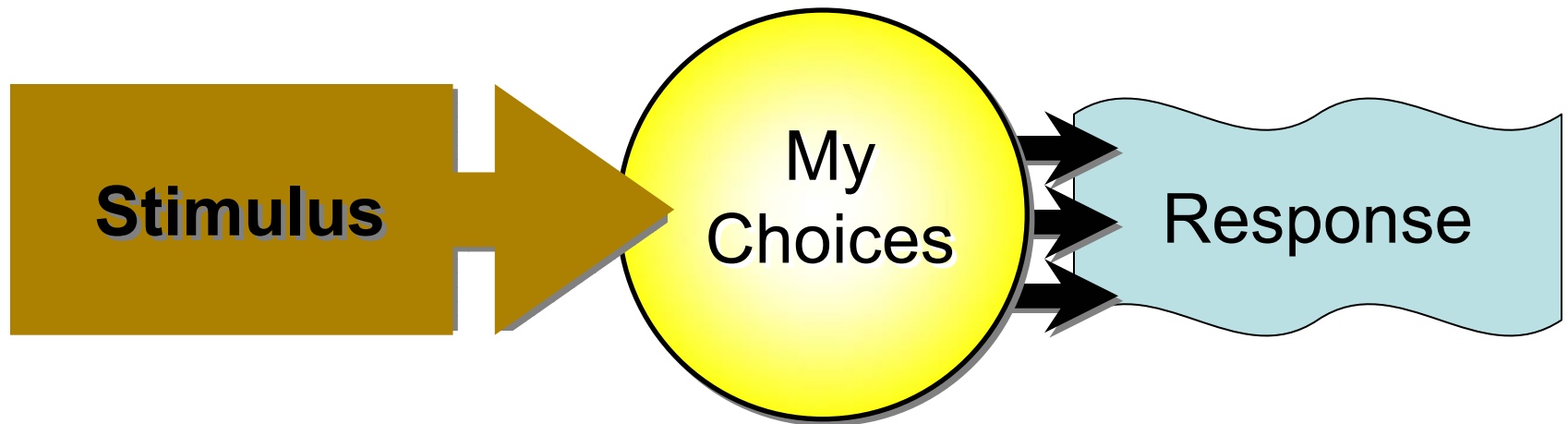
YOU'RE RIGHT!

Henry Ford

Choose Your Behaviour



Choose Your Behaviour



Be positive, Creative, Constructive

- I can't

- I, me, my

- Stressed

- If only

- Difficult

- I'll try

- I want to

- Could have

- Problem

- Someday



SHIFT

- ◆ I can

- ◆ You, your

- ◆ Motivated

- ◆ Next time

- ◆ Challenging

- ◆ I will

- ◆ I have to

- ◆ My goal

- ◆ Opportunity

- ◆ Today

The Choice is YOURS

With a Bad attitude
you can never have a positive day

With a Positive attitude
you can never have a bad day

Quotable Quote

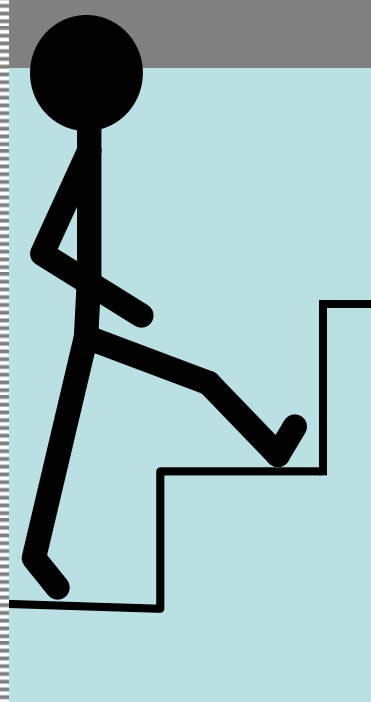
- There is no such thing as a self-made man.
- We are made up of thousands of others.
- Every one who as ever done a kind deed for us, or spoken one word of encouragement to us, has entered into the make-up of our character and of our thoughts as well as our success.

George Matthew Adams

Take Home...

*“Whatever the mind of man can
conceive
and
believe,
it can
achieve.”*

- W. Clement Stone



Dare to believe!

About Ashok Grover



- An Engineer-MBA, Ashok Grover has spent more than 38 years in Indian industry of repute. Currently, Director of “[Skillscape](#)”, earlier he has worked with Parle Group, Mohan Meakins Group, Ajay Piramal Group, Hawkins Cookers and lastly JBM Group as Chief Human Resource Officer.
- Ashok Grover has acquired expertise and added to his credit many innovative HR practices, which he initiated at the organizations he worked for.
- He has a clear focus which is reflected in the Vision statement of [Skillscape](#):
– *Value creation by enhancing people and organizational competencies.*
- LinkedIn Profile: <http://www.linkedin.com/in/ashokgrover>

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360 Degree Feedback ♦ Employee Satisfaction Surveys
Customized Training Programs

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